

Sacramento Charter High School April 2019



Comfort Foods (Line B)

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1	2	3	4	5		
NO SCHOOL	Chicken & Waffles Sweet Potato Mash	Pizza Day! Pepperoni Cheese	Cheeseburger Macaroni & Cheese Garlic Breadstick	Pasta with Meat Sauce Garlic bread		
8	9	10	11	12		
Steak Burrito Beans and Rice	Orange Chicken w/ Stir Fry Vegetables	Pizza Day! Pepperoni Cheese	Pasta with Meat Sauce Garlic bread	Baked Potato Bar		
15	16	17	18	19		
Beef Tacos Beans and Lime Rice	Homestyle Chicken Basket Garlic Toast	Pizza Day! Pepperoni Cheese	Beef Nachos	Minimum Day		
22	23	24	25	26		
Cheeseburger Macaroni & Cheese Garlic Breadstick	Carnitas Tostada Rice and beans	Pizza Day! Pepperoni Cheese	Baked Potato Bar	Minimum Day		
29	30	OYOUE				
Teriyaki Chicken Vegetable Rice	Chicken & Waffles Sweet Potato Mash	Happy Easter	Chocse MyPlate gov	Sac Heals		
Grill Options (Line A)						
Monday	Tuesday	Wednesday	Thursday	Friday		
Classic Burger Daily Side	BBQ Rib Sandwich Daily Side	Pizza Day! Salad Bar	Featured Burger Daily Side	Student Choice Winner! Nashville Hot Chicken Daily Side		

Snack Bar (Line C)



Cold Sandwiches & Wraps Made Fresh

Daily Sandwiches

Turkey & Cheese

Ham & Cheese

Tuna Sandwich

Wraps: Rotating Selection

Crispy Chicken Wrap

Deli Wrap

Turkey Wrap



Daily Salad Bar & Condiments

Carrots, Diced Fruit Monday

Tuesday Jicama, Kale, Fruit Wednesday Tomato & Cucumber, Salad

Beets, Potato Salad Thursday

Friday Carrots & Celery, Spinach



Fresh Food Fast: Packaged for Grab N' Go

Monday Asian Chicken Salad

Caesar Chicken Salad Tuesday

Caesar Chicken Salad Wednesday

Thursday Chopped Chicken Salad

Friday Asian Chicken Salad

Mobile Cart (Line D)

A rotating selection of popular items will be available in our Snack bar



Salad Bar

Salad Bar

Low-fat milk is served with every breakfast and lunch. Some other menu items may change due to availability of products. Questions, concerns or feedback: Please call Director of Dining Services Nick Dramis at 916.649.7844. USDA and this institution are equal opportunity providers.

Salad Bar

Salad Bar



See reverse for student and **Prices** non-student meal pricing



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Breakfast

1	2	3	4	5
	Build Your Own	Build Your Own	Build Your Own	Build Your Own
NO SCHOOL	Parfait	Parfait	Parfait	Bagel Bar
	Sausage & Cheese Biscuit	Pancakes	Breakfast Bar	Cinni Rush French Toast
		with Syrup Burst		
8	9	10	11	12
Build Your Own	Build Your Own	Build Your Own	Build Your Own	Build Your Own
Parfait	Parfait	Parfait	Parfait	Parfait
Breakfast Burrito	Cinni Rush French Toast	Pancakes	Breakfast Pizza	Bagel and Cream Cheese
		with Syrup Burst		
15		17	18	19
Build Your Own	Build Your Own	Build Your Own	Build Your Own	Build Your Own
Oatmeal Bar	Oatmeal Bar	Oatmeal Bar	Oatmeal Bar	Oatmeal Bar
Breakfast Bar	Breakfast Burrito	Sausage & Cheese Biscuit	Cinni Rush French Toast	Bagel and Cream Cheese
22	23	24	25	26
Build Your Own	Build Your Own	Build Your Own	Build Your Own	Build Your Own
Oatmeal Bar	Oatmeal Bar	Oatmeal Bar	Oatmeal Bar	Oatmeal Bar
Sausage & Cheese Bagel	Pancakes	Bagel and Cream Cheese	Cinni Rush French Toast	
	with Syrup Burst			
29	30			
Build Your Own	Build Your Own	12000	Fruits Cooker	
Oatmeal Bar	Oatmeal Bar	L'acton	The second secon	Gac High
Breakfast Pizza	Breakfast Burrito	LETSICE CONTRACTOR	Choose MyPlate .gov	

Meal Prices

St. HOPE Public Schools is participating in the Community Eligibility Provision for its meals program during the 2018-19 school year.

This means St. HOPE is able to provide one **free breakfast** and one **free lunch** to each enrolled student in attendance during designated meal times each school day as part of the School Breakfast Program and National School Lunch Program.

There is no need for families to apply for this program. Every enrolled student qualifies.

Non-student pricing is \$2.00 for breakfast, and \$3.99 for lunch.

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