

Oak Park Preparatory Academy February 2019



Comfort Foods (Line B)

| | | | OAK PARK PREP | Minimum Day | | | |
|--|--|-----------------------------------|---|------------------------|--|--|--|
| 4 | 5 | 6 | 7 | 8 | | | |
| Steak Burrito Beans and Rice | Orange Chicken w/ Stir Fry Vegetables | Pizza Day! Pepperoni Cheese | BBQ Chicken Corn on the cob Biscuit | Baked Potato Bar | | | |
| 11 | 12 | 13 | 14 | 15 | | | |
| Beef Broccoli Vegetable Rice | Homestyle Chicken Bowl | Pizza Day! Pepperoni Cheese | Chicken & Waffles | Minimum Day | | | |
| 18 | 19 | 20 | 21 | 22 | | | |
| NO SCHOOL | Cheeseburger Macaroni & Cheese Garlic Breadstick | Pizza Day! Pepperoni Cheese | BBQ Chicken Corn on the cob Biscuit | Baked Potato Bar | | | |
| 25 | 26 | 27 | 28 | | | | |
| Sweet & Sour Meatballs Vegetable Rice | Carnitas Tostada w/ Rice & Beans | Pizza Day! Pepperoni Cheese | Beef Chili & Cornbread | Choose My Plate gov | | | |
| Grill Options (Line A) | | | | | | | |
| Monday | Tuesday | Wednesday | Thursday | Friday | | | |
| | | | | Student Choice Winner! | | | |

| Monday | Tuesday | Wednesday | Thursday | Friday |
|-----------------------|--------------------------|------------|------------------|------------------------|
| | | | | Student Choice Winner! |
| Classic Cheese Burger | Grilled Chicken Sandwich | Pizza Day! | BBQ Rib Sandwich | Nashville Hot Chicken |
| Daily Side | Daily Side | Salad Bar | Daily Side | Daily Side |
| Salad Bar | Salad Bar | 1 | Salad Bar | Salad Bar |
| ! | 1 | 1 | 1 | |

Snack Bar (Line C)



Cold Sandwiches & Wraps Made Fresh

Daily Sandwiches

Turkey & Cheese

Ham & Cheese

Tuna Sandwich

Wraps: Rotating Selection

Crispy Chicken Wrap

Deli Wrap

Turkey Wrap



Daily Salad Bar & Condiments

Monday Carrots, Diced Fruit

Tuesday Jicama, Kale, Fruit

Wednesday Tomato & Cucumber, Salad

Thursday Beets, Potato Salad

Friday Carrots & Celery, Spinach



Fresh Food Fast: Packaged for Grab N' Go

Monday Asian Chicken Salad

Tuesday Caesar Chicken Salad

Wednesday Caesar Chicken Salad

Thursday Chopped Chicken Salad

Friday Asian Chicken Salad

Mobile Cart (Line D)

A rotating selection of popular items will be available on our mobile cart



Low-fat milk is served with every breakfast and lunch. Some other menu items may change due to availability of products. Questions, concerns or feedback: Please call Director of Dining Services Nick Dramis at 916.649.7844.

USDA and this institution are equal opportunity providers.



See reverse for student and non-student meal pricing



Oak Park Preparatory Academy February 2019



Breakfast

| Dicakjast | | | | | | | |
|------------------------------|------------------------------|--------------------------------------|----------------------------------|--|--|--|--|
| | | | OAK PARK PREP | Build Your Own Bagel Bar Cinni Rush French Toast | | | |
| 4 | 5 | 6 | 7 | 8 | | | |
| Build Your Own | Build Your Own | Build Your Own | Build Your Own | Build Your Own | | | |
| Parfait | Parfait | Parfait | Parfait | Parfait | | | |
| Sausage & Cheese Biscuit | Cinni Rush French Toast | Pancakes with Syrup Burst | Breakfast Pizza | Bagel and Cream Cheese | | | |
| 11 | 12 | 13 | 14 | 15 | | | |
| Build Your Own | Build Your Own | Build Your Own | Build Your Own | Build Your Own | | | |
| Oatmeal Bar | Oatmeal Bar | Oatmeal Bar | Oatmeal Bar | Oatmeal Bar | | | |
| Breakfast Bar | Breakfast Burrito | Sausage & Cheese Biscuit | Cinni Rush French Toast | Bagel and Cream Cheese | | | |
| 18 | 19 | 20 | 21 | 22 | | | |
| | Build Your Own | Build Your Own | Build Your Own | Build Your Own | | | |
| NO SCHOOL | Oatmeal Bar | Oatmeal Bar | Oatmeal Bar | Oatmeal Bar | | | |
| | Pancakes with Syrup Burst | Sausage & Cheese Bagel | Breakfast Burrito | Breakfast Pizza | | | |
| 25 | 26 | 27 | 28 | | | | |
| Build Your Own | Build Your Own | Build Your Own | Build Your Own | Fruits Contro | | | |
| Bagel Bar Sausage Biscuit | Bagel Bar Breakfast Bar | Bagel Bar Cinni Rush French Toast | Oatmeal Bar Egg and Cheese Bagel | Choose My Plate gov | | | |

Meal Prices

St. HOPE Public Schools is participating in the Community Eligibility Provision for its meals program during the 2018-19 school year.

This means St. HOPE is able to provide one **free breakfast** and one **free lunch** to each enrolled student in attendance during designated meal times each school day as part of the School Breakfast Program and National School Lunch Program.

There is no need for families to apply for this program. Every enrolled student qualifies.

Non-student pricing is \$2.00 for breakfast, and \$3.99 for lunch.

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