PS7 Elementary School

February 2019





Monday	Tuesday	Wednesday	Thursday	Friday
				1
				Breakfast
				Sausage Biscuit
			Fruits Coulon	Fresh Fruit
				Lunch
			Choose MyPlate.gov	Sack Lunch
		S S APROL	(Cracacity Flate gov)	
4	5	6	7	8
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Cinni Rush French Toast	Pancakes	Breakfast Pizza	Pancake &	Sausage Biscuit
Fresh Fruit	with Syrup Burst	Fresh Fruit	Sausage on a Stick	Fresh Fruit
	Fresh Fruit		Fresh Fruit	
Lunch		Lunch		Lunch
Breaded Chicken Sandwich	Lunch	Turkey & Cheese Sub	Lunch	BBQ Popcorn Chicken
Green Beans	Corn Dog	Pretzels	Cheese Burger	Vegetable Medley
Green Beans	Baked fries	1 1012013	Corn	vegetable Medicy
11	12	13	14	15
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Breakfast Pizza	Pancakes	Whole Wheat Bagel with	Pancake &	Sausage Biscuit
				- C
Fresh Fruit	with Syrup Burst	Egg and Cheese	Sausage on a Stick	Fresh Fruit
	Fresh Fruit	Fresh Fruit	Fresh Fruit	
Lunch	Lunch	Lunch	Lunch	Lunch
Ranch Chicken Sandwich	BBQ Rib Sandwich	Hot Dog	Cheese Burger	Sack Lunch
Vegetable Medley	Green Beans	Carrot Sticks	Baked fries	Sack Lutter
vegetable Medley	Green Beans 19	20	21	22
10	Breakfast	Breakfast	Breakfast	Breakfast
	Whole Wheat Bagel with	Cinni Rush French Toast	Pancake &	Sausage Biscuit
	Egg and Cheese	Fresh Fruit		Fresh Fruit
No School	Fresh Fruit	Flesh Fluit	Sausage on a Stick Fresh Fruit	riesii riuli
NO SCHOOL	Fresh Fruit		Fresh Fruit	
		Lunch		
	Lunch	Pizza Day!	Lunch	Lunch
	Hamburger	Pepperoni Pizza	Shredded Cheddar Nachos	Chicken Strips
	Carrots Sticks	Salad Bar	Side Salad	Baked Fries
25	26	27	28	
Breakfast	Breakfast	Breakfast	Breakfast	
Cinni Rush French Toast	Pancake &	Sausage Biscuit	Pancakes	
Fresh Fruit	Sausage on a Stick	Fresh Fruit	with Syrup Burst	
			Fresh Fruit	
	Fresh Fruit		I I	
		Lunch		
Lunch	Fresh Fruit Lunch	Lunch Pizza Day!	Lunch	
Lunch Breaded Chicken Sandwich			Lunch Corn Dog	

Meal Prices Menu

St. HOPE Public Schools is participating in the Community Eligibility Provision for its meals program during the 2018-19 school year.

This means St. HOPE is able to provide one **free breakfast** and one **free lunch** to each enrolled student in attendance during designated meal times each school day as part of the School Breakfast Program and National School Lunch Program.

There is no need for families to apply for this program. Every enrolled student qualifies.

Non-student pricing is \$2.00 for breakfast, and \$3.99 for lunch.

Some menu items may change due to availability of products.

Low-fat milk is served with every breakfast and lunch

Questions, concerns or feedback: Please call Director of Dining Services Nick Dramis at 916-649-7844

This institution is an equal opportunity provider.